

TITLE: POSTER PARADE - *"Eat Smart. Play Hard."*



OBJECTIVES: Students will demonstrate their knowledge of nutrition and active lifestyles by creating a poster with an educational nutrition message. **Posters will be displayed for families and the community to view on the last day of camp.*

MATERIALS:

- White Construction Paper
- Markers, Colors, Pencils
- Active Board or Chalk/White Board

PROCEDURES:

1. Explain to the students that they will be creating nutrition posters for display.
2. Have a group brainstorming session to come up with a list of short logos.
3. Record them on the Active Board or chalk/white board for display.
4. Students will then choose one logo to create an illustrated poster.
5. Completed posters will then be shared with the class. Students will give a mini presentation describing their logo and poster design.
6. Posters will be displayed for family and community members to view on Friday.

EXAMPLE:



Photo credit: <http://ndsuextension.areavoices.com/2012/01/25/poster-contest-helps-promote-nutrition-physical-activity/>

APPROXIMATE TIME FOR PROCEDURE: 30 MINUTES